



2022-2023
Annual Report



Our Mission

To support and encourage individuals and families to reach their full potential as members of their community.

Success Stories

Hailey is a mom of three young children living in Calgary. Hailey accessed the Empowered Families program three years ago after Children's Services was briefly involved with the family. Hailey has been highly engaged in the program over the three years and participated in McMan's Mental Health program. Hailey has a long history of trauma and spent most of her upbringing moving in between foster homes. Despite facing adversity, Hailey is an exceptionally resilient and loving caregiver. Hailey consistently puts the needs of her children above her own and has worked hard to strengthen her parenting abilities. Hailey received a FASD diagnosis through Enviro's while in the Empowered Families program. This opportunity to obtain a diagnosis at no cost has been instrumental in getting Hailey the supports her and her family need to meet their basic needs and exit poverty. Since acquiring a stable income, Hailey has had the means to end her emotionally abusive

Clients Served

People with Disabilities	1043
Children and Youth	9176
Families	5314
Adults	3769

relationship with her partner and further develop her self-confidence and self efficacy skills. Hailey has also worked on accessing mental health supports for her children, strengthened her relationship with her natural supports, and maintain stable housing.

While in the Empowered Families program, Hailey's Parent Advocate has witnessed significant growth in Hailey's confidence and self motivation. Hailey has been more open to asking for help when feeling stressed and overwhelmed as she navigates being a single parent. She is becoming more open to reaching out to other professional supports beyond her Parent Advocate and continues to work on goals to better the lives of her children. Hailey has been connected to life long supports for both her and her children that will maintain the hard work she has done while in the Empowered Families program.

Brooks Collaborative Services

A multigenerational family has been involved in the Family Development program since early 2020. This family consists of grandparents, three adult siblings, and six children. This family has been dealing with multiple addictions in the family unit, as well as intergenerational trauma stemming from surviving residential schools. As of today, all three siblings as well as one grandparent have attended treatment, two attending Indigenous-lead treatment programs. The family has made great strides in accessing community resources independently. The family has reported enjoying sober life and are looking forward to achieving their continued goals of regaining employment and reunifying one child back into the home.

Drug Treatment Court

A Medicine Hat Drug Treatment Court participant completed seventeen months in programming and maintained sobriety through his last sixteen months. The participant was able to complete one hundred and fifty-eight hours of volunteer work as a form of community amends, acted as a spokesperson at the Overdose Awareness Event hosted by the Medicine Hat Drug Coalition, attended two residential treatment centers and has grown to be a positive, contributing member of both our program as well as our community. He was able to achieve a long-term goal of becoming a business owner, and now proudly is running a completely sober roofing company. To meet this goal, he completed an accounting course, acquired a business license, and navigated new experiences as he took on the role of being a business owner. All the participants' successes within his time in programming were shared at a graduation ceremony hosted by two Court Judges. During this time the participant had multiple peers, community supports, and family members speak towards how the participant was able to utilize his experience within the Drug Treatment Court to make incredible changes that are contributing to a bright and renewed future.



President's Message

My Name is Chris Salek and I am honoured to serve as the 2022/2023 President of McMan's Provincial Board of Directors.

I would like to extend my sincere appreciation to the teams in Calgary, Edmonton, Central Alberta, and Southern Alberta who continue to provide unwavering support to our province's most vulnerable individuals and families. We are immensely grateful to the community for their ongoing support, which has played an integral role in the success of our services this past year.

Throughout the past year, we were able to continue to provide vital support to vulnerable children, youth, families and individuals across the province. Our teams have helped these individuals build and maintain strong connections and support systems in the community, while providing them with the skills and resources to make positive long-lasting changes in their lives. Our commitment to McMan's mission has allowed us to bring hope to over 19,000 people throughout the province.

This upcoming year, the regions will continue to strive for excellence and expand their reach to ensure that no one is left behind. Together, we can foster positive long-lasting change and create a brighter future for the individuals in our communities.

Highlights from the year included:

Calgary

McMan Calgary was approached by the Christ the Redeemer Catholic Separate School Division in Okotoks to offer mental health services in schools as a pilot project. This service will support vulnerable youth and families in various rural schools including Okotoks, High River, Brooks, and Drumheller.

McMan Calgary also received funding through the Alberta Crime Prevention grant program for their Youth Alternative Program to support the delivery of ReStart - a curriculum-based program designed for youth between the ages of 12-24 who are at risk of engaging in criminal activity or are in conflict with the law.

They were also successful in securing a contract with G4 - Stoney Nakoda Tribal Council for their Wicihitowin Program. Wicihitowin is a housing program that supports Indigenous youth in gaining connections to their culture, language, ceremonies, and traditions while building healthy relationships with family, natural supports, and community.

They hired an Indigenous Engagement Specialist to build a strategic framework to provide intentional program supports for Indigenous youth and families as well as enhance their internal education, training and cultural experiences within the organization.

South

McMan South Region was successful in its application to deliver services to Persons with Developmental Disabilities in Crowsnest Pass. This is the first contract the region has held directly for PDD services.

Central

McMan Central Region was successful in achieving a three-year Accreditation with CARF International.

McMan Central Region was awarded a provincial pilot for Alberta Educations' Mental Health in Schools Initiative partnering with Chinook Edge School Division. McMan provides individualized family supports to families of Chinook Edge School Division who are facing severe mental health challenges. McMan staff receive referrals from the Social/Emotional Team at the school division to support families in their homes.

Edmonton

After a long period of searching and renovations being made to the building, program staff moved into their new office space in the fall. The McMan Centre houses staff from several programs and provides a wonderful space for supporting individuals with disabilities in their day program activities.

Financials

McMan Youth, Family and Community Services Association

Statement of Financial Position

	March 31 2023	March 31 2022
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	\$ 20,391,874	\$ 19,886,889
Accounts receivable	4,710,733	5,699,984
Prepaid expenses and deposits	538,858	543,424
Restricted cash	373,609	350,302
	<u>26,015,074</u>	<u>26,480,599</u>
PROPERTY AND EQUIPMENT	9,378,411	10,247,225
	<u>\$ 35,393,485</u>	<u>\$ 36,727,824</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 8,230,175	\$ 7,249,011
Unexpended program surpluses	5,996,112	5,110,283
Restricted funds payable	373,609	350,302
Deferred contributions	1,754,813	4,600,908
Current portion of long-term debt	229,223	343,338
	<u>16,583,932</u>	<u>17,653,842</u>
LONG-TERM DEBT	2,069,099	3,913,148
DEFERRED CONTRIBUTIONS RELATED TO PROPERTY AND EQUIPMENT	1,611,135	1,774,730
	<u>20,264,166</u>	<u>23,341,720</u>
NET ASSETS		
Invested in property and equipment	5,468,954	4,216,009
Internally restricted	6,149,874	6,357,513
Unrestricted	3,510,491	2,812,582
	<u>15,129,319</u>	<u>13,386,104</u>
	<u>\$ 35,393,485</u>	<u>\$ 36,727,824</u>

Statement of Operations

	Year Ended March 31	
	2023	2022
REVENUE		
Program revenue	\$ 84,080,476	\$ 78,521,983
Donations, fundraising and grants	372,597	362,645
Interest and other	987,317	474,340
Gain on disposal of property and equipment	1,428,756	45,283
	<u>86,869,146</u>	<u>79,404,251</u>
EXPENSES		
Compensation	60,649,720	57,309,176
Facility and direct client costs	19,595,113	18,239,665
Office	1,512,717	1,426,363
Administration	1,858,479	1,515,440
Amortization	902,265	932,043
Interest on long-term debt	153,220	152,407
Automotive	285,050	253,892
Direct program support from donations and fundraising	67,252	66,320
Equipment	72,796	70,064
Donations and fundraising	29,319	22,106
	<u>85,125,931</u>	<u>79,987,476</u>
	<u>\$ 1,743,215</u>	<u>\$ (583,225)</u>

Since 1975

Trust, Empathy, Commitment, Respect, and Genuineness are the values on which McMan establishes relationships with clients, employees and the community we serve.

Trust: McMan honours individuals by providing a confidential and consistent approach to relationships.

Empathy: McMan connects with each individual in order to understand their unique situation.

Commitment: McMan is focused, engaged and dedicated to each individual we support.

Respect: McMan acknowledges and considers each individual's situation, thoughts and values.

Genuineness: McMan embraces honesty, sincerity and remains judgement-free when working with individuals.

2022/2023 Provincial Board of Directors

(at March 31, 2023)

Executive Committee:

President: Chris Salek

Vice President: Michael Selci

Treasurer: Perry Sollway

Secretary: John McDermott

Members:

Chad Evans

Kirstin Danielson

Allison Nestorvich

Valerie Dyck

Our Founders

Norah Cantin (nee **Mc**Namara)

John **M**eston

Jim **A**llers

Rick **N**ewcombe

We could not have done it without you.

McMan Youth, Family and Community Services wishes to express its sincere appreciation to the individuals and organizations who have contributed to and supported the Association.

Together, we are making a difference in our community.

www.mcman.ca

CHARITABLE REGISTRATION #119035947RR0001